



For Immediate Release

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Mark E. Niemchak DC, PA to Provide Chiropractic Care at The Skin Institute

Chiropractic Nutritionist Offers Holistic Approach

(Apex NC, February 2, 2010)—**The Skin Institute**, a medical practice devoted to providing patients with the latest in skin care treatment, announced that **Mark E. Niemchak, DC, PA** will provide chiropractic and nutritional counseling services at the Institute's Apex location. Dr. Niemchak specializes in a wellness-based team approach to patient care that combines traditional chiropractic care with nutritional counseling and lifestyle changes.

“We are thrilled to have someone with Dr. Niemchak’s expertise on staff to see patients at our practice,” said **Ajay Ajmani, MD**, the double board-certified Medical Director of The Skin Institute. “Dr. Niemchak’s patients have benefited greatly from his unique approach of combining chiropractic adjustments with dietary changes and lifestyle modifications. We are very excited to be offering his highly successful treatment program at The Skin Institute.”

Dr. Niemchak earned his Bachelor of Science degree in human biology from the University of Michigan in 1980 and his Doctorate in Chiropractic degree from National College of Health Sciences in 1984. He currently provides chiropractic and nutritional counseling services for Capital City Healthcare Providers in Raleigh.

The Skin Institute offers extensive skin care services ranging from eyelash enhancement to state-of-the-art laser technology for wrinkle reduction. The Institute specializes in acne control and acne scar treatment, injectable derma fillers, skin rejuvenation, body treatments including therapeutic massage, body wraps, aromatherapy, wrinkle reduction, ear candling and laser hair removal.

The Skin Institute is located at 2046 Creekside Landing Drive adjacent to Beaver Creek Commons in Apex. For more information or to make an appointment, call The Skin Institute at **919-303-4777** or visit us on the web at www.tsiskin.com.

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About The Skin Institute

The Skin Institute specializes in enhancing the quality and health of your skin. The medical practice performs a wide range of procedures including the latest in acne control and acne scar treatment, laser technology, wrinkle reduction, skin rejuvenation, laser hair removal, injectable derma fillers such as Radiesse® and Restylane®, Latisse® eyelash enhancement, body treatments including therapeutic massage and body wraps, ear candling, cosmetology, waxing, aromatherapy, microdermabrasion, chemical peels and treatment for hyper-pigmentation. The center is headed by Medical Director Dr. Ajay Ajmani, a double board-certified physician whose expertise includes allergy and primary care, rheumatology, skin disorders and cosmetic laser applications. Dr. Ajmani is supported by a highly skilled team including a physician assistant, registered nurses and licensed cosmetologists. For more information, visit www.tsiskin.com.